

# ANNUAL REPORT 2014



SWISS AIDS CARE  
INTERNATIONAL



Dear reader

One of our most important tasks last year was our search for a new Country Director to ease the burden on Ruedi Lüthy and to take Newlands Clinic forward in the future in the same spirit. We are delighted that we now have Matthias Widmaier on board, bringing with him his full-hearted commitment and wealth of experience. You can read more about his first few months in Harare in our interview on page 8.

Solid, long-term planning is of enormous importance to us, especially given that our clinic is unfortunately likely to be needed for some considerable time to come. While AIDS may have slipped from the headlines in Switzerland, the most recent figures in Zimbabwe are as shocking as ever: AIDS has orphaned a million children, and around 1.4 million people are in-

fectured with HIV. Women are the most affected, since they are at a higher risk of infection than men. Their weak position in society, coupled with violence and abuse, often make it impossible for them to seek support. That is why we want to continue to step up the help we provide to women and girls. In addition to cervical cancer screening, the new Women's Health Centre we were able to open in March 2015 will offer further support aimed specifically at women. After all, by helping to strengthen women, we can strengthen their entire families.

Newlands Clinic is continuing to grow steadily: at the end of December 2014, we had some 5,300 registered patients, and the number of healthcare workers attending courses at the Training Centre has also increased further. This

was a pleasing success in our jubilee year, with the clinic having celebrated its tenth anniversary in February 2014.

And in this very special year, we were once again able to count on phenomenal support from a wide range of sources. In addition to the many private donors and institutions that stand loyally by our side, time and again there are special efforts that touch our hearts. To name but a few examples, there was the high school student from Winterthur who organised a benefit exhibition as part of her finals project, a primary school class in Murten who collected soft toy animals before Christmas, and the overwhelming response we received to an appeal on our Facebook page for baby clothes. The postman rang at our door almost every day, and the sacks and boxes packed with new-born and infant clothing were stacked high in our offices. We find signs of solidarity such as these greatly moving, since they send out a message that is understood even in a completely different culture thousands of kilometres away: we care about you! Without this compassion and caring – and the inherent respect they require – providing comprehensive medical treatment would be impossible.

The economic, social and political environment in Zimbabwe remains a major challenge, and there are complex tasks in store for us going forward as well. For example, we are currently looking into new solutions for tackling the difficult issue of therapy adherence. Using special pill boxes that automatically record when the drugs are taken, we want to find out how we can best support young people who have developed

resistance. Added to this, we will be setting up a new farming project in 2015 with the aim of providing lasting help to patients suffering from hunger.

2015 has also seen some changes in the organisation of our offices in Switzerland: in April, we moved from Zurich to Bern, thus bringing all our staff together under one roof. This has allowed us to consolidate further, in keeping with the motto "small is beautiful". Brigitt Küttel, who previously served as our Deputy CEO, will continue to support us as a consultant. We would like to take this opportunity to express our heartfelt thanks for her commitment and dedication.

Never a day goes by that we are not grateful for the fact that we have such loyal partners and donors by our side. A massive, heartfelt thank you to you all!

Our exciting journey continues.

Warm regards

*Ruedi Lüthy Sabine Lüthy*

Prof. Ruedi Lüthy  
Medical Director  
Newlands Clinic

Sabine Lüthy  
CEO  
Swiss Aids Care  
International

## NEWLANDS CLINIC COMPREHENSIVE CARE FOR 5,300 PATIENTS



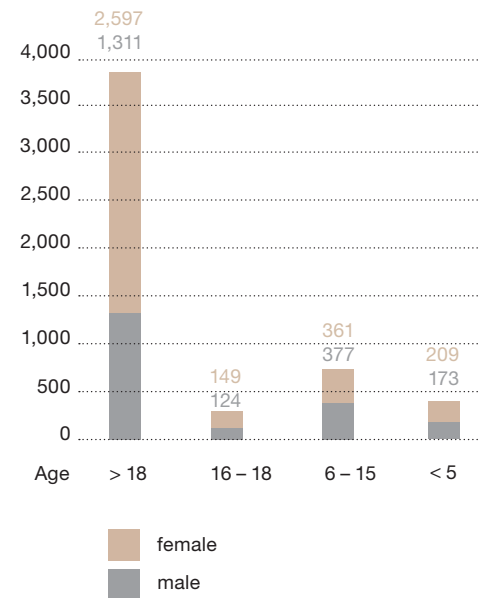
**Newlands Clinic is increasingly developing into a comprehensive centre of competence for HIV in Zimbabwe. At the end of 2014, it had some 5,300 registered patients, with its treatment being built around a holistic approach that takes account of the individual circumstances of the patients and HIV-related illnesses.**

There was a further rise in the number of registered patients in 2014: at the end of the year, Newlands Clinic was providing treatment, care and support to 5,301 people infected with HIV (+22%). This marks a key step on course to achieving our goal of having 6,000 registered patients by the end of 2015. With 1.4 million

people HIV-positive in Zimbabwe, there is still no end in sight to the epidemic. The HIV prevalence rate in the 15–49 year-old age group is 15%, around one million children have been orphaned, and an estimated 170,000 children aged 14 or younger are living with HIV.

At the end of December 2014, Newlands Clinic and its Training Centre had a total of 63 employees (+2), 41 of whom were medical staff or active in the training of healthcare workers. The 5,301 registered patients were cared for by 19 nurses and five doctors, one of them a gynaecologist. The mothers who had received antiretroviral therapy during pregnancy all gave birth to healthy babies. Unfortunately, 67 of our patients died in 2014 (1.26%). That said, this is an exceptionally low rate by national compari-

**Patients by age and gender**  
as at 31 December 2014



The number of patients increased yet further in 2014. Two thirds are women (63%); 26% are aged under 18.

son in Zimbabwe. These patients had all either started too late with treatment or suffered from other diseases.

### Third-line ART

In 2014, Newlands Clinic once again received almost one million dollars' worth of medicines free of charge from international aid organisations such as the Global Fund. What is particularly pleasing is that since autumn 2014, Newlands Clinic has been one of only four sites in Zimbabwe allowed to offer third-line ART regimens. This means that patients failing on first and second-line therapy will be able to continue treatment. However, the third-line regimens are significantly more expensive, and availability will therefore be very limited for the time being.

The mobile clinics, which served patients in various deprived areas, were discontinued at the end of 2014. The reason for this is that treatment in the clinic itself is more cost-effective. There are free buses running several times a day from Harare city centre to Newlands Clinic, thus largely covering the transport costs for the patients.

### New Women's Health Centre

A total of 2,126 patients underwent cervical cancer screening in 2014. 371 (17.5%) of them were VIAC positive, i.e. showed precancerous cervical lesions or in three cases were already affected by cancer. 303 of these patients were treated at Newlands Clinic, while a further 20 were referred to other clinics for further treatment. These figures show that the prevention programme is working. In 2011 nearly a third of patients tested positive, and the number of

cases has been almost halved since thanks to regular screening.

Thanks to a significant bequest, it will be possible to considerably expand the healthcare services for women in 2015. In summer 2014, Swiss Aids Care International was able to buy and re-develop the building adjacent to the clinic, and the new Women's Health Centre was officially opened on 3 March 2015. In addition to the diagnosis and treatment of cervical cancer and sexually transmitted infections, the centre will also offer advice on family planning, sexual abuse and violence.

#### **Psychosocial support**

The psychosocial services offered by Newlands Clinic provide support and advice to patients with psychological problems. Living in the most difficult of circumstances, coupled with the lack of prospects and stigmatisation, many of them suffer from depression and in some cases no longer take their medication regularly. This can have fatal consequences, since resistance can form and the treatment can fail. The team now includes a psychologist, a social worker, two peer counsellors, and two long-standing patients who can pass on their own experience in dealing with HIV.

Various group therapy services were offered in 2014. 26 adolescents attended "life groups", which are aimed at patients suffering from depression. The majority showed a marked improvement in their symptoms. 36 adolescents failing treatment on second-line regimens and 55 adults took part in a three-month group therapy dealing with adherence. In addition to this, we also launched a new project to support young mothers. Here ten women learned how to

make candles, thus enabling them to generate a small, independent source of income for themselves and their children. They also received training in housekeeping and budget planning.

#### **Vocational skills training programme with 140 participants**

The vocational skills training programme that Newlands Clinic launched with Africaid Zvandiri has now been running for three years. In this time, a total of 140 HIV-positive adolescents and young adults have benefited from these courses. None of them had any future prospects, and many were living on the street. With the help of this project, most of them have now managed to set up their own business, and thus improve their economic situation. In 2015, all those who have already attended the courses will receive further specific training to make them better able to establish a foothold in the market. In this regard, Africaid Zvandiri works together closely with the clinic's psychological services. The project has been financed from the outset by earmarked donations.

#### **Food aid for malnourished patients**

Once again, many of our patients were unfortunately dependent on food aid in 2014. We received 14 tons of milk powder from the Swiss Agency for Development and Cooperation (SDC) in September 2014. 1,511 patients, children and adults alike, received milk powder as a nutritional supplement, either permanently or for a specific period.

The food deliveries from the UN's World Food Programme were suspended at the end of October 2014 due to financial reasons. 257 patients had received food until then. To make up this

shortfall, the clinic bought additional supplies of e'Pap, a kind of porridge. e'Pap was also given to 405 malnourished children throughout the year. Over the long term, patients suffering from hunger who have enough land available to them are to be supported in growing maize themselves. The other patients will continue to receive food, milk powder and e'Pap in future.



*"To get people talking about their sex life, there needs to be a conducive environment and they need to trust the person they're talking to. Disclosing your HIV status is a big issue, and we have also counselled young women who went into prostitution because they had given up on life.*

*I've learned never to take things for granted. We discuss things, and explain whatever the patient wants to know. After all, only informed people can make informed decisions."*

Nurse Petronella Mudhokwani has been with the clinic from the outset. She counsels women and couples, and carries out gynaecological examinations and treatment.

## INTERVIEW

### “THIS PROJECT IS AN INSPIRATION”

**Matthias Widmaier, the new Country Director at Newlands Clinic, has been in Harare since October 2014. In our interview, he explains how the past few months have been for him, and what has surprised him the most.**

**Matthias Widmaier, you've been in Harare for nine months now. What sticks in your mind if you think back to your first day at Newlands Clinic?**

No question about it, the cheerful and exuberant welcome from the entire team, with clapping and singing. It was like a little celebration, and totally unexpected!

**You've been living in Africa since 2003. What prompted you to move there? Are you driven by a spirit of adventure?**

Back then, our whole family decided to move to Uganda. My ex-wife already had a connection to the continent having studied African languages, and we'd spent six months together in Ghana. Of course, there was a certain sense of adventure about it as well: we wanted to get to know new countries and cultures, to learn from them, and also to give something back. Taking the broader view is something that's very important to me.

**From Uganda to Zimbabwe: how big a change has that been?**

The people in both countries are very friendly and warm-hearted. However, one big difference is that while Uganda has stabilised somewhat over recent years following a period of utter chaos, many parts of the Zimbabwean population have seen better times. This is also reflected in people's satisfaction levels, which are higher

in Uganda. In terms of infrastructure, though, Zimbabwe is in much better shape, especially when it comes to road traffic and the associated dangers.

**What prompted you to take on the position as Country Director at Newlands Clinic?**

After ten years in Uganda and two successful projects, it was time for a change since my previous employer, CBM, allocates deployments abroad on a rota basis. I had the choice of going back to Germany or staying abroad. Ultimately, the offer from Harare was very attractive: it was the most diverse in terms of content, and both the project itself and Ruedi Lüthy as a person are an inspiration.

**And what surprised you the most?**

The high level of personal motivation among the staff, which is well above the norm. Ruedi Lüthy has done very well there!

**Did you already have experience with the issue of HIV?**

In Uganda, I worked with disabled people and their rehabilitation. Of course, many of those patients had HIV, but I had less to do with that issue given that I worked in administration. That's why I am gaining so much now by being able to work in this field on a daily basis, and I'm learning new things all the time. This is an absolutely essential part of maintaining the day-to-day motivation to provide proper leadership.

**Has there been a particular highlight in the first few months?**

The first few months as a whole were a highlight, from the interaction with the team and the re-

spect that shapes the working environment in Zimbabwe and Switzerland alike. What's very important for me are the discussions and dealings with the staff and the visits to the patient area. This really helps in keeping things real, and maintaining a sense of perspective. Another highlight is the weekly meetings, mostly with the medical staff, where problems are discussed openly and properly, but with a good deal of humour as well.

**And what are the biggest challenges?**

Professionally, the biggest challenge is finding the right pace for setting out the necessary changes in the way we do some things, winning people over without them feeling afraid or overloaded. Sometimes I have to slow down a bit. On a personal level, the biggest challenge is that my three children are living in Germany. Fortunately, thanks to modern communications it's easier to keep in touch than it was just a few years ago.

**What goals have you set yourself for 2015?**

I want to continue to settle in here, and by the end of the year I want to have an understanding of all the different pieces that go together to make up the clinic and the foundation in Switzerland. I've also been travelling in the past few months to get to know the country and the people better. That's crucial for getting established. I would say I'm about 90 % settled in now.



Matthias Widmaier (48) has been Country Director at Newlands Clinic since December 2014.

## RESEARCH & DEVELOPMENT

### DEVELOPING INHOUSE RESEARCH CAPACITY

**Newlands Clinic once again took part in several external studies in 2014, and also carried out its own research into HIV-specific issues. A web-based version of the ePOC software is now available, with ongoing training to ensure that it is used efficiently at our partner clinics.**



Prof. Ruedi Lüthy with a member of the lab team.

Newlands Clinic participates in third-party research projects, and also carries out its own clinical studies. Thanks to the Electronic Point of Care (ePOC) software, in which all patient data are recorded, it now has a considerable set of data, something that is particularly useful when it comes to optimising treatment in developing countries such as Zimbabwe.

The following internal research studies were launched in 2014, and are due to be completed in 2015:

- Neonatal hair measurements to evaluate in-utero tenofovir exposure, assessing the transfer of this HIV drug to the new-born child.
- Utility of antiretroviral levels in hair to objectively determine adherence in Zimbabwean adolescents on antiretroviral therapy.
- Kidney disease in HIV-infected patients receiving high dosages of antiretroviral therapy.

Newlands Clinic is also taking part in the following external studies:

- Virological and immunological responses to HIV treatment in the case of patients at a public HIV clinic in Harare City.
- HIV genetic diversity in viral monitoring among adults attending Newlands Clinic.
- Evaluation of urine samples to detect tuberculosis in children with HIV and AIDS.

- “Coping in the face of adversity”: an investigation of the challenges and coping strategies of children living with HIV and AIDS.

Pharm Access African Studies to Evaluate Resistance (PASER), an international study on resistance, is currently being concluded. Two members of staff started post-graduate courses in 2014, and are continuing their studies.

#### ePOC improves quality

The clinic’s own ePOC software was also used elsewhere again in 2014. A total of 50 healthcare workers from other clinics were trained in using this software in 2014. The three HIV clinics of Population Services International, which have taken on the Newlands Clinic treatment model in its entirety, successfully carried out the upgrade to the new web-based version. However, the collaboration with three other clinics was ended due to the previously agreed prerequisites not being met.

Together with the healthcare organisation John Snow International (JSI) and Zimbabwe’s Ministry of Health and Child Care, Newlands Clinic also continued work on the pilot project for the use of ePOC in pharmacies of public clinics. This collaboration will be continued in 2015. The Ministry of Health and Child Care would also like ePOC to be installed at six central hospitals. Corresponding contract negotiations are ongoing.



*“In the medical field, there are three key pillars – service, training and research – and it’s these that drive me in my work.*

*Research is my passion, and Prof. Lüthy said to me: ‘Explore this passion and allow it to grow.’ I am currently in the second year of my PhD. The big challenge – and one we face every day – is adherence, and we are looking for innovative ways of assessing it. There is so much more to know!”*

Pharmacist Tinashe Mudzwiti heads the clinic’s own pharmacy team, in addition to teaching at the Training Centre and carrying out research. He has been working for Newlands Clinic since 2008.

## TRAINING CENTRE FURTHER INCREASE IN PARTICIPANTS



**A total of 529 local healthcare workers attended a course at the Newlands Clinic Training Centre in 2014. 320 successfully completed the Advanced HIV Management Course. Education and training courses were also offered in the field of gynaecology, and on the software ePOC. One entirely new service is a virtual helpdesk for staff at other clinics.**

320 people completed the Advanced HIV Management Course (Adult and Paediatric HIV Management and Clinical Attachment), thus meeting the target set for the year. Of this number, 152 were doctors, 138 were nurses, and there were 30 other clinical officers. Assessment tests are given at the start and end of every course,

and the results show a marked increase in knowledge across all professional groups. According to feedback from the participants, the most useful classes are those covering the treatment of children and adolescents, virology and communication with patients.

### Refresher and short-term courses

Mentoring was continued for the staff of the three HIV clinics run by the healthcare organisation Population Services International (PSI), which have taken on the Newlands Clinic treatment model in its entirety. They also attended refresher courses on HIV management and the clinic's own software ePOC, which is used for recording patient data and offers support in the decision-making process. The planned opening

of the fourth PSI clinic has unfortunately not yet taken place as the necessary permission is still pending.

74 participants – 41 doctors and 33 nurses – attended a one-day course on treatment failure, while 19 gynaecologists received further training in HIV management. And finally, a course on the subject of resistance was held in collaboration with the Southern African HIV Clinicians Society, which a total of 28 participants attended.

### Training for gynaecologists

Since September 2013, the Training Centre has also been offering a course in diagnosing and treating cervical cancer (VIAC Training and Mentorship Programme). Newlands Clinic has been officially recognised as a training site for this gynaecological examination by the Zimbabwean Ministry of Health and Child Care. The course lasts twelve days, comprising 2 days of theory sessions and 10 days of practical training in the form of clinical attachment. The course is followed by a ten-week mentorship cycle with visits on-site.

The 15 participants work at the clinics of PSI and Médecins Sans Frontières (MSF), as well as at Harare Hospital. PSI and MSF paid for the courses, while the staff from the city hospital were allowed to participate free of charge owing to the lack of financial resources. During the on-site mentoring visits, all clinics were assessed with regard to the equipment used and the procedures, so as to ensure minimum standards for appropriate patient care.



*“The biggest challenge is treating adolescents. They want to be like everybody else, and sometimes stop taking their medication. And then we have to pick up the pieces somehow.*

*That is the hardest part. But like Ruedi says: we have to accept the things we can't change, and have the courage to change what we can. By treating patients with dignity, we help reduce the stigma. HIV will still be a burden, but we can treat them like a VIP!”*



Dr. Margie Pascoe focuses primarily on the treatment of women and children, and heads the new Women's Health Centre. She has been working for Newlands Clinic since 2005.

### Virtual medical helpdesk

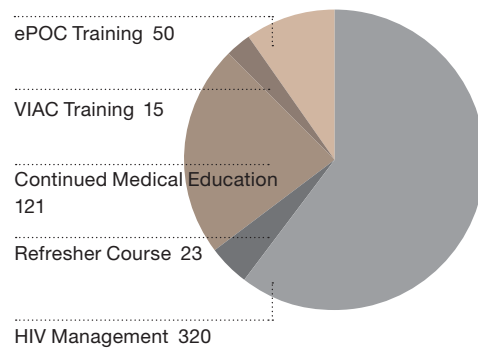
One new service is the medical helpdesk. For the pilot project, 43 healthcare sites were selected in Manicaland Province. The objective of the helpdesk is to provide medical staff at these institutions with assistance on questions relating to HIV management via WhatsApp, by phone, or in online case presentations. The enquiries are still well below expectations, which is probably due to cultural and infrastructure factors.

The reasons are currently being assessed, with a view to adjusting the strategy appropriately.

A second helpdesk project in collaboration with the MOHCC and the US organisation I-TECH, which is initially being offered in clinics in four provinces, has thus far also received only a modest response. The reasons are being ascertained here, too, and the project will be realigned accordingly.

### Number of participants per course

Training Centre, 2014

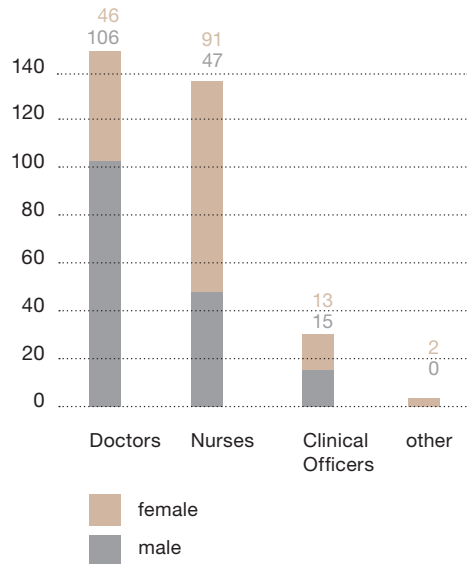


A total of 529 healthcare workers completed a course at the Training Centre in 2014.

In addition to training in HIV management, courses were offered on the diagnosis and treatment of cervical cancer, ePOC, and various further training and refresher courses.

### Participants by profession and gender

Advanced HIV Management course, 2014



A total of 320 healthcare workers completed the Advanced HIV Management course in 2014. Of this number, 152 were doctors, 138 were nurses, and there were 30 other clinical officers.

### Our partners

#### SDC

The Swiss Agency for Development and Cooperation (SDC) has been supporting us as our main partner since 2004.

#### Zimbabwe Ministry of Health and Child Welfare

Newlands Clinic works together closely with Zimbabwe's Ministry of Health and Child Welfare.

#### NatPharm

The National Pharmaceutical Company of Zimbabwe provides the HIV medication, financed primarily by the Global Fund and the Clinton Health Access Initiative (CHAI)

#### Bernhart Matter Foundation

The Bernhart Matter Foundation made the opening of the Training Centre possible and finances its operations.

#### World Food Programme

The United Nations World Food Programme supports malnourished patients.

#### Galenica Group

Galenica Group and its affiliates such as Amavita, MediService and Galexis have been supporting us for many years with generous donations.

#### Apotheke zum Rebstock AG

By ordering drugs via HIV-DIRECT, Swiss HIV patients can help patients in Africa.

#### PharmAccess Foundation.

The foundation is active in the healthcare sector, and is Newlands Clinic's research partner in the PharmAccess African Studies to Evaluate Resistance (PASER).

#### University of Bern

The University of Bern is Newlands Clinic's research partner in the study International epidemiologic Databases to Evaluate AIDS (IeDEA).

#### Travelhouse /Africantrails

For every client, the tour operator gives us a donation of CHF 5.

### Our major donors

The following organisations and private individuals have given us their support with particularly generous donations.

- Accentus Foundation
- Armin and Rosmarie Däster-Schild
- Ernst Göhner Foundation
- Fondation Hubert Looser
- Labtec Services AG
- The Medical Doctors' Ball
- Dr. Rau Foundation
- Rita and Edwin Kilcher
- Schmid Unternehmerstiftung
- Vrenjo Foundation

We would also like to sincerely thank all our other donors for their considerable support and commitment.

### Publishing details

Editing:  
Swiss Aids Care International

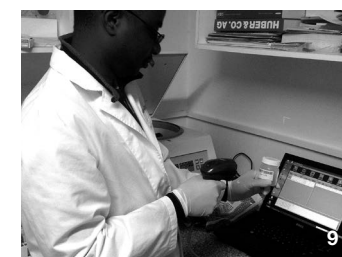
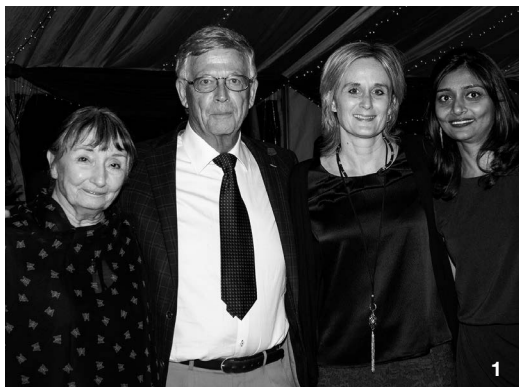
Photography:  
Patrick Rohr, Zurich / Amsterdam

Graphic design:  
Albanese Grafik, Zurich

Printing:  
Köpfl & Partner, Neuenhof



## MANY THANKS



1., 2. 28 February 2014 marked the 10th anniversary of Newlands Clinic in Harare. The picture on the left shows Prof. Ruedi Lüthy with his wife Rosy (left), daughter Sabine Lüthy (centre, CEO of the foundation) and Monika Patel (right, clinic staff member) at the celebrations. The dance group of our partner organisation Africaid Zvandiri (picture on the right) provided the entertainment. / 3. Patient Loyce Maturu was invited by the WHO in Geneva to talk about the situation of young people with HIV in Zimbabwe. The picture shows Ruedi Lüthy and Loyce being interviewed by Le Matin. / 4. Some Swiss hospitals donated scales they no longer needed. These were gratefully received and are now in daily use at Newlands Clinic.

5. Heartfelt thanks to the Medical Doctors' Ball, which collected for Swiss Aids Care International again in 2014, with donations totalling CHF 9,000. / 6. In October 2014, high school student Mara Keitel organised a benefit exhibition featuring work by young artists – an outstanding effort deserving of our gratitude. / 7. Following an appeal for donations on our Facebook page, we received an extraordinary amount of clothes and toys for our youngest patients. Thank you from all our hearts! / 8. A class at Murten primary school collected soft toy animals for orphaned children – a resounding success and greatly appreciated. / 9. A further donation of equipment arrived at the clinic in the summer: the scanners and label printers will make the work of the laboratory staff and nurses much easier. Many thanks!

## 2014 FINANCIAL STATEMENT

### PROJECTS EXPANDED THANKS TO HIGHER INCOME

**2014 saw an increase in expenses and income alike. Thanks to a bequest of CHF 1.6 million, a new Women's Health Centre was established adjacent to Newlands Clinic. Moreover, the positive result posted means an allocation can be made to the Newlands Clinic Fund.**

The foundation received ordinary donations totalling some CHF 4.1 million in 2014, an increase of just under 33 % year-on-year. This rise is attributable to a CHF 1.6 million bequest from a donor to be used for special projects and particularly for women and adolescents.

The earmarked donations totalling around CHF 267,000 (– 44 %) comprise, among other things, the Bernhart Matter Foundation covering the costs for the Training Centre, donations for the treatment of children, and contributions to research projects. The donations in kind of around CHF 1.2 million primarily consist of medical supplies, funded mainly by the Global Fund and the Clinton Health Access Initiative (CHAI), as well as the milk powder donated by the Swiss Agency for Development and Cooperation (SDC). The foundation is also receiving a total of CHF 2.65 million in support from the SDC over the period from 1 July 2013 to 31 December 2015. CHF 0.8 million of this amount has been included in the 2014 income statement.

#### Increase in project expenditures

Project expenses for the operation of Newlands Clinic and the Training Centre, as well as the investment in the new Women's Health Centre, totalled CHF 5.1 million in 2014. The operation of the clinic accounted for around CHF 4.2 million

(+ 19 %), while around CHF 289,000 (+ 89 %) went on the running of the Training Centre. Some CHF 629,000 was spent on the development of the Women's Health Centre, which was opened in spring 2015.

The increase in project expense was in particular due to higher staff expenditures (around CHF 1.6 million, + 15 %) as well as increased spending on medication and medical costs (around CHF 2.3 million, + 43 %). There has been a marked rise in food costs: the UN's World Food Programme had to suspend its support for several months due to financial reasons, and the clinic has stepped in to make up the shortfall. At just under CHF 1.2 million (+ 45 %), expenditure on medication was also much higher than in 2013. The Training Centre provided more courses than in the previous year, and mentoring was also expanded.

#### Increase in general expenditures

There was a slight rise in general expenditures of 6% year-on-year to around CHF 949,000. The administration expenses of the foundation in Switzerland totalled just under CHF 428,000 (+ 20 %). This rise is attributable in particular to the increase in the working hours of the Deputy CEO as of 1 January 2014. As in 2013, five direct marketing campaigns were run to maintain the range of private donors. Nevertheless, overall spending on fundraising and communications was reduced slightly to around CHF 520,000 (– 4 %).

#### Balance sheet: further increase in reserves

As at 31 December 2014, the circulating assets totalled just under CHF 8.4 million (+ 12 %). The securities portfolio is managed by a bank on the

basis of an asset management agreement, and totals CHF 3.2 million. More than half this amount is held in first-class bonds, the remainder being invested in equities. Receivables, accruals and deferrals on the assets side primarily consist of the fund for staff loans in Zimbabwe and withholding taxes, while the accruals and deferrals on the liabilities side consist of expenses for administration, marketing and various project costs that have been invoiced but not yet paid.

Prior to the allocation and withdrawal of funds, the profit and loss statement showed a surplus of nearly CHF 908,000, of which CHF 700,000 is to be allocated to the Newlands Clinic Fund. The SDC has ratified the decision of the Board of Trustees to allocate sufficient assets to the fund to cover two years' expenditures. After this allocation, the fund had assets totalling CHF 5.57 million. CHF 100,000 was also set aside as a fluctuation reserve to cushion the impact of volatility on the securities markets.

#### Financial statements for Zimbabwe

The Zimbabwe Aids Care Foundation ensures the smooth running of Newlands Clinic on site. Swiss Aids Care International provides the necessary funding. The accounts of the Zimbabwe Aids Care Foundation and those of the Training Centre were audited by Grant Thornton Camelsa in Harare, and have been integrated in the present financial statements.

#### Foundation capital and purpose

The foundation Swiss Aids Care International was established on 12 February 2003 and was entered in the Commercial Register of the Canton of Zurich on 27 March 2003. The foundation



*“I am very grateful to the Swiss people for their kind-heartedness and their support. It makes a huge difference!*

*Most of our patients come from very poor communities, and without the comprehensive care Newlands Clinic can offer, a number of lives would have been lost. The orphans in particular would have had scarcely any chance. I really appreciate what we can achieve, and working for Newlands Clinic means a great deal to me.”*

Givemore Tsikwa is the Programme and Finance Manager at Newlands Clinic. He joined the team at the end of 2013.

is established for an indefinite period of time. The initial capital comprises a contribution by the founder of CHF 100,000. The purpose of the foundation is to treat and support AIDS patients outside Switzerland. The foundation does not pursue any economic purposes, and does not seek to make a profit.

### Organisation and remuneration

The foundation's bodies are listed in detail on page 15. There is no time limit on the term of office. The members of the Board of Trustees work in an honorary capacity. In addition to the strategic management of the foundation, they are responsible for the investment of the assets. The salaries and fees of the CEO and her deputy totalled around CHF 186,000. CHF 62,000 of this has been allocated to project expenditures, and CHF 124,000 to general expenditures. All in all, the work carried out for the foundation's office corresponded to 2.5 FTE positions. Lienhard AG in Zurich serves as the foundation's auditors. The supervisory authority is the Federal Supervisory Board for Foundations (ESA).

### Exceptional items, non-recurring items, and items relating to other periods recognised in the profit and loss statement

One of the foundation's donors died the end of 2013, having already donated CHF 400,000 to support special projects during her lifetime. Following her death, she also left a bequest of some CHF 1.6 million to Swiss Aids Care International.

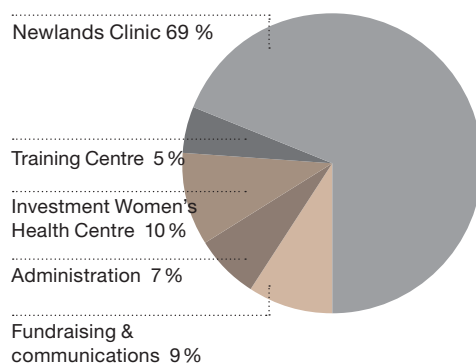
### Risk management and assessment

The Board of Trustees assesses the risk situation on a regular basis. The greatest risk our foundation faces at present is the still persisting

financial and economic crisis and its possible impact on donor behaviour. The Board of Trustees assesses the risk with regard to investments as being low given the low-risk investments made and the close contact with the bank managing the assets.

The economic situation in Zimbabwe is making it more expensive to procure the infrastructure and tools necessary for the operation of Newlands Clinic and the Training Centre. The actual operation is ensured by the clinic management and medical staff. Thanks to the expansion of the organisation with local staff, and the new Country Director Matthias Widmaier coming on board as of 1 October 2014, Prof. Lüthy is able to focus on his position as Medical Director.

### Breakdown of total expenditures in 2014



84% of total expenditures in 2014 flowed into the project.

## BODIES

### Board of Trustees

*Ulrich B. Mayer, President*  
lawyer, Zurich

*Prof. em. Hans Lutz*  
veterinary surgeon, Rüdlingen

*Prof. em. Ruedi Lüthy*  
Harare/Zimbabwe, Muntelier

*Gregor Neidhart*  
certified expert in accounting and controlling, Winterthur

*Patrick Rohr*  
communications consultant / journalist, Zurich

*Martin Fuhrer*  
former Head of International Cooperation Swiss Red Cross, Bern

### Executive Management

*Sabine Lüthy*  
CEO

*Brigitt Küttel*  
Deputy CEO

### Scientific Advisory Council

*Prof. Bernard Hirschel*  
Chairman of the Cantonal Ethics Committee Geneva (CCER)

*Prof. Jörg Schüpbach*  
Director of the Swiss National Centre for Retroviruses, University of Zurich

*Prof. Christoph Rudin*  
Head of Paediatrics and Paediatric Nephrology, University Children's Hospital, Basel

*Prof. Joep Lange* († July 2014)  
Head of the Department of Global Health at University of Amsterdam and Executive Scientific Director of the Amsterdam Institute for Global Health and Development (AIGHD)

### Patronage Committee

*Ruth Dreifuss*  
former Swiss Federal Councillor, Geneva

*Kurt Aeschbacher*  
TV presenter and journalist, Zurich

*Prof. em. Felix Gutzwiller*  
Member of the Swiss Council of States, former Director of the Institute of Social and Preventive Medicine, University of Zurich

*Prof. Alexandra Trkola*  
Head of the Institute of Medical Virology, University of Zurich

*Ambassador Marcel Stutz*  
Embassy of Switzerland, Canberra / Australia

*Prof. Martin Täufer*  
Rector of the University of Bern

## ANNUAL FINANCIAL STATEMENTS

in CHF	2014	2013
<b>EARNINGS</b>		
<b>Donations</b>	<b>5,586,994.21</b>	<b>4,472,500.65</b>
– Ordinary donations	4,103,184.38	3,088,460.85
– Earmarked donations	267,267.40	478,179.00
– Donations in kind	1,216,542.43	905,860.80
<b>SDC contributions</b>	<b>800,000.00</b>	<b>1,550,000.00</b>
<b>Income from Training Centre</b>	<b>211,441.79</b>	<b>45,672.82</b>
<b>Other earnings</b>	<b>75,435.71</b>	<b>138,689.73</b>
<b>TOTAL EARNINGS</b>	<b>6,673,871.71</b>	<b>6,206,863.20</b>
<b>EXPENDITURES</b>		
<b>Project expenditures Harare</b>		
<b>Newlands Clinic</b>	<b>4,210,730.84</b>	<b>3,545,845.54</b>
– Staff expenditures	1,468,547.54	1,285,146.94
– Medication and medical costs	2,258,140.04	1,575,546.77
– Infrastructure and vehicles	135,323.93	174,900.53
– Various project costs	269,359.49	248,189.93
– ePOC software	79,359.84	262,061.37
<b>Training Centre</b>	<b>289,147.25</b>	<b>151,975.79</b>
<b>Investment in the Women's Health Centre</b>	<b>628,834.53</b>	<b>–</b>
<b>Total project expenditures Harare</b>	<b>5,128,712.62</b>	<b>3,697,821.33</b>
<b>General expenditures</b>		
<b>Administrative costs</b>	<b>428,473.59</b>	<b>356,631.34</b>
<b>Fundraising and communications</b>	<b>520,155.87</b>	<b>540,861.55</b>
<b>Total general expenditures</b>	<b>948,629.46</b>	<b>897,492.89</b>
<b>TOTAL EXPENDITURES</b>	<b>6,077,342.08</b>	<b>4,595,314.22</b>
<b>Operating results</b>	<b>596,529.63</b>	<b>1,611,548.98</b>
<b>Financial result</b>	<b>311,120.88</b>	<b>74,763.22</b>
<b>Annual result prior to fund result</b>	<b>907,650.51</b>	<b>1,686,312.20</b>
<b>Fund result</b>		
– Allocation	– 700,000.00	– 1,500,000.00
<b>Fluctuation reserve</b>		
– Allocation	– 100,000.00	–
<b>ANNUAL RESULT</b>	<b>107,650.51</b>	<b>186,312.20</b>

## BALANCE SHEET

in CHF	2014	2013
<b>ASSETS</b>		
Cash, post office account, bank deposit	5,028,143.11	3,887,642.28
Securities	3,252,171.01	3,039,485.57
Accounts receivable, accruals and deferrals	76,270.60	473,755.07
<b>TOTAL ASSETS</b>	<b>8,356,584.72</b>	<b>7,400,882.92</b>
<b>LIABILITIES</b>		
Borrowed capital	388,382.33	242,409.66
Fund “Children with HIV”	302,000.00	302,000.00
Other funds	6,583,375.88	5,883,375.88
Foundation capital	100,000.00	100,000.00
Free capital generated	875,176.00	686,785.18
Annual result	107,650.51	186,312.20
<b>TOTAL LIABILITIES</b>	<b>8,356,584.72</b>	<b>7,400,882.92</b>

**Accounting principles in the year under review**

The present financial statements were prepared in accordance with the Swiss GAAP FER Accounting and Reporting Recommendations (Swiss GAAP FER 21).

THANK YOU

*“When I see a girl who is stricken with a deadly disease and wasting away, develop into a dedicated young woman with the courage to address an international WHO conference on the needs of her orphaned generation, I believe it’s possible to move mountains after all.”*

Prof. Ruedi Lüthy about a Newlands Clinic patient

Swiss Aids Care International  
Falkenplatz 9  
CH-3012 Bern, Switzerland  
Telephone +41 (0)31 302 05 65

info@swissaidscare.ch  
www.swissaidscare.ch  
IBAN CH74 0078 1143 1515 0025 0

[www.facebook.com/swissaidscare](http://www.facebook.com/swissaidscare)