



# Working together for people with HIV/AIDS



`It's not short-term emergency aid that halts HIV. It's sustained local commitment."

Dr Ruedi Lüthy, founder and trustee





Ruedi Lüthy, founder: Twenty years ago, my family and I decided to set up an HIV clinic in Zimbabwe. Looking back, I can only marvel at what we've been able to achieve in this time. Newlands Clinic now offers effective HIV treatment to around 8,000 patients. And we've become the most important HIV training centre in the country. Our team does highly professional work and offers support wherever possible. That makes me proud and grateful. But there's still a lot to do.

The public health system in Zimbabwe is still poorly set up. Very sick patients often come to Newlands Clinic in desperate need of help. It's often too late, especially for people with severe, HIV-associated cancer, and we can only provide palliative care. This is a great psychological burden for our team. But despite these difficult moments, we also had many positive experiences. Last year, we were able to train over 1,000 health professionals in the field of HIV/AIDS (starting page 12), so that as many patients as possible in Zimbabwe can benefit from expert treatment. We are also investing more in research to help improve the treatment of HIV (starting page 14).

It's a great joy for me that we've been able to work in Zimbabwe for so long, and I look forward with gratitude to our anniversary year in 2023.

Hans Lutz, Chairman of the Board of Trustees: In the past year, we at the Ruedi Lüthy Foundation have mastered many challenges, and we've grown even closer together. I'd like to tell you about this. Last summer Ulrich B. Mayer, who had been chair of the board of trustees from the very beginning, handed over the chairman's reins to me for health reasons before stepping down from the board at the end of the year. He has led the foundation with heart and soul for 19 years, sparing no effort to drive the project forward. We are sincerely grateful to him. Communications expert and former diplomat Beat Wagner likewise left the board at the end of 2022. We'd also like to thank him for his highly appreciated work and commitment.

In addition to changes in the board of trustees, we are also busy with the strategic and organisational development of the foundation. To this end, in October I travelled to Zimbabwe to meet and talk with the directorate and the local staff. I was deeply impressed by the team's professionalism and dedication. I was able to take away important insights for further work on our strategy. I heard, for example, how the treatment of people with HIV has changed in recent years. You can read more about this in the interview with our Director Clinical Affairs Dr Margie Pascoe (starting page 8).

Finally, I would like to thank you, our donors and partners, for your benevolent support in the past year. Without you, our work would not be possible."





# The challenge of HIV-associated cancers

The HIV treatment at Newlands Clinic is working. In almost all patients, the virus is no longer detectable in the blood. But with HIV-associated cancers on the surge, we're facing a challenge. That's why Newlands Clinic is increasingly focusing on cancer prevention and therapy.

Various key performance indicators show that the treatment of HIV at Newlands Clinic continued to be successful in 2022. In 92 % of our patients, the HI virus was no longer detectable in the blood. The mortality and lost to follow-up rates were also very low at around 1% each. But the effect of the treatment isn't limited to our patients. HIV mother-to-child transmission is prevented by successful treatment, and the number of newly infected children has been decreasing steadily for years. Currently, only 35 children between 0 and 5 years of age with a positive diagnosis are still in treatment at Newlands Clinic: a great preventive success. At the end of 2022, Newlands Clinic was treating 7,720 patients and had thus admitted around 500 new people over one year.

#### The challenge of cancer

What's currently presenting us with difficulties is HIV-associated cancers. This is because people with HIV develop cancer more often, regardless of the success of the therapy. While we have the HIV disease well under control in our patients, the increased risk of cancer threatens to worsen their state of health again. This is especially problematic because the public health system is hardly able to treat people with cancer. We often have to organise the necessary therapies in the private sector, which leads to additional costs. Newlands Clinic therefore pays special attention to regular cancer screening and effective therapy.

#### Dangerous high-risk viruses in women

Cancer has also been a major concern for our women's health centre. Cervical cancer is still the most common type of cancer among women in Zimbabwe, and HIV-positive women have a massively higher risk of developing it. Newlands Clinic therefore pursues a systematic screening and examination programme. Of the 2,200 or so women examined, more than half tested positive for high-risk variants of the human papillomavirus. This virus causes over 90 % of cervical cancers worldwide. Regular screening can identify cervical disease and precancerous lesions before cancer becomes invasive.



"Our work revolves around people with HIV. Thanks to comprehensive HIV treatment provided by highly professional medical experts, we enable lasting improvements in our patients' quality of life."

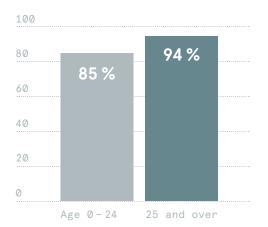
Sabine Lüthy, Chief Executive of the Ruedi Lüthy Foundation

### Comprehensive treatment helps therapy adherence

Because our patients live in difficult socioeconomic situations, the clinic complements medical treatment with food assistance, educational services, and psychological support. It helps our patients to stick to their therapy with discipline. Food assistance was of particular importance last year. Food prices rose continuously owing to inflation and the maize harvest was sparse. That is why in 2022, Newlands Clinic provided food to an average of over 600 families per month, compared with around 450 families normally. We distributed 260 tonnes of maize flour and almost 14,000 jars of peanut butter. Last year, we also augmented our education programme with an empowerment project for men. Many of our male HIV patients live in extraordinarily difficult circumstances. They can barely support their families and are unemployed. In the

empowerment programme they build up their own business, generate an income and thus regain their independence. I

#### **HIV Treatment**



#### **Suppressed Viral Load**

In 94 % of adult patients, the virus is completely suppressed thanks to the therapy and they are therefore no longer infectious. Owing to their stage of life and social circumstances, adolescents have more difficulty adhering to HIV therapy with the necessary discipline.



"Never before has Newlands Clinic admitted so many new patients for treatment. Without the great commitment of our team and the support from Switzerland, this wouldn't have been possible." 84 employees

form a multidisciplinary team. With the steady increase in our number of patients, we have also stepped up our human resources gradually. 645 patients

received treatment and advice on family planning.



230 solar panels

ensure a stable power supply for the clinic. This is particularly important in Zimbabwe, where power cuts are commonplace.



Matthias Widmaier, Newlands Clinic Administrative Director



### "We must expand our services"

The HIV epidemic is maturing, and new challenges like HIV-associated cancers and non-communicable diseases are emerging. Our Director Clinical Affairs, Dr Margie Pascoe, explains how Newlands Clinic addresses these changes.

"Life expectancy has increased as people have better access to testing and medications that are more patient-friendly."

Dr Margie Pascoe, Director of Clinical Affairs at Newlands Clinic

The HIV epidemic in southern Africa has changed considerably in the past 20 vears. How?

Even though the incidence rate of HIV infection has declined dramatically in the past few vears, Zimbabwe still encounters the challenges faced in the initial phase of the HIV epidemic. Many people are being newly diagnosed with HIV and of those a lot of patients presenting with advanced HIV disease. But fortunately, there is also good news to share! Life expectancy has increased, as people have better access to testing and medications that are more patient-friendly - people take a single tablet a day and there are fewer side effects than with previous medication regimens.

In what way does the improved life expectancy influence people living with HIV?

As people with HIV are now living longer, non-communicable diseases such as cancer, diabetes, and high blood pressure are on the rise. Also, the aging process in people living with HIV is faster and they frequently develop geriatric-related health issues earlier than their HIV-negative counterparts. HIV treatment at Newlands Clinic is very successful, but these recent observations threaten the diseases and cancers. Additionally, the Mengains that have been made thanks to effective antiretroviral therapy regimens. To ensure the good health of our patients, we must incorporate the prevention and treatment of routine care. Furthermore, we have launched non-communicable diseases into our treat- a geriatric clinic, as older patients require a ment. We also must closely monitor the aging more in-depth assessment. At the geriatric process of our elderly patients and integrate clinic, we conduct screening for common their geriatric needs into our comprehensive older age-related problems such as visual >

care package. This makes our work with HIVpositive people at Newlands Clinic complex.

How does Newlands Clinic address the shift in treatment of people living with HIV?

We have developed different strategies to respond to the emerging challenges. We have introduced the annual visit, where each patient has a thorough physical examination, including screening for non-communicable tal and Social Health department has expanded its human resources, and mental health disease screening is now incorporated into



"Before I started the project it was hard to put food on the table. Now I can provide for my family and even pay my daughter's school fees."

rearing farm thanks to our Men's Economic



A lively exchange between Switzerland and Zimbabwe is crucial to ensure the success of the project.

Founder Dr Ruedi Lüthy with the Directorate of Newlands Clinic, consisting of Dr Margie Pascoe, Matthias Widmaier and Dr Cleophas Chimbetete (from left)



and hearing challenges, dementia, frailty, and sexual dysfunction.

Over the past few years, Newlands Clinic has also started to improve catering to men. Why?

In Africa, HIV has disproportionately affected and still affects women, and we were more aware of challenges faced by women and less so for men. But unless we focus more on catering to the needs of men, we will not attract them to come into Newlands Clinics' care. and the HIV epidemic will not be controlled. That is why in March 2023 we launched a Men's Health Clinic (MHC) where men are attended What will be the greatest challenges in to by specially trained staff. The aim of the MHC is to discuss sexual reproductive health issues and provide screening, diagnosis, and management of these conditions as they arise.

What role does the research of Newlands Clinic play regarding these current changes in HIV treatment?

We use the information gathered through research to adapt our training curriculum for doctors and nurses who are educated in our Newlands Clinic Training Centre. We think that this impacts the way they look after patients with HIV and therefore has a national impact I would say. But we also present our research at national and international conferences to contribute to the improvement of HIV treatment and care of patients worldwide.

upcoming years concerning the treatment of HIV?

It has been and always will be difficult to retain people in long-term care, especially as the

economic situation worsens and people leave to find work and safety in other countries. Also, managing complex non-communicable diseases requires significant resources and clinical skills. We are also looking for more user-friendly treatments such as long-acting injections. That would make a lot of things easier.

#### > HIV in Africa

The African epidemic differs from the European epidemic. In Africa, it is predominantly heterosexual individuals who are infected. The epidemic is driven by key populations such as sex workers and young people and is accelerated by poor socio-economic conditions. Limited access to diagnostics, care, and treatment results in people suffering from advanced HIV disease. Stigma remains firmly entrenched in many communities, impacting health-seeking behaviours. It results in people with HIV accessing health services only when they have advanced HIV disease, including cancers.

## Training where it's urgently needed

The training centre has again trained more than 1,000 people in the treatment of HIV/ AIDS. It has expanded its activities in the provinces and districts. That way, the knowledge gets directly to the places where it's still largely lacking.

After the last Covid-19 restrictions were lift- circumstances and available resources. We was again able to run all courses without hin-100 doctors in our one-week course. That workers. brings the training centre back closer to prepandemic numbers. It also kept collaborating Building an e-learning platform with the hospital in Chitungwiza, training over 100 of their health workers.

#### Decentralised transfer of knowledge

Training in the provinces and districts of Zimbabwe is becoming increasingly important. Hospitals far from the capital, however, still lack a lot of know-how when it comes to treating people with HIV/AIDS. Sometimes our team drives long hours to conduct these courses. A big advantage of these trainings is that our team can adapt the course material to local

ed at the end of January, the training centre run the decentralised courses in close cooperation with the Zimbabwean Ministry of drance. Over 200 people took part in our Health and Child Care, which last year assigned two-week course on HIV Management and us another district for the training of health

The training centre's online courses are particularly well attended and valued. Over 300 people took part in a course online. However, unstable network connections continue to be a major challenge. The training team is therefore working on an e-learning platform to be launched in 2023. This will allow participants to manage their own time and work through the course material when they have a stable network connection. This will enable even more health professionals to benefit from our courses on HIV.

Number of course participants	2022
Two-week HIV Management Course for nurses (on site)	218
One-week HIV Management Course for doctors (on site)	108
Continuing education on HIV treatment (decentralised/5 days district level)	99
Continuing medical education (various courses/1 to 8-day)	268
Online training courses (1 day)	334
Total	1.027

#### > Interview

Ethel Tsomondo is a teacher at Parirenyatwa School of Nursing and attended our course on HIV treatment for training staff. People like her are key to passing on the knowledge acquired to newly trained health workers across the country. Read the whole interview on our website under the news section.





"As an educator of healthcare workers, I have a platform to spread the knowledge I gained here. I hope to impact others so they can handle problems related to sexual and reproductive health in a better way."

Ethel Dorothy Itayi Tsomondo

## Stepping up international research activity

Last year we were again able to contribute to applied HIV research. In particular, our cooperation with the University of Bern was further intensified.

Our clinic's own software enables us to con- Benefiting from more laboratory capacity cer Research.

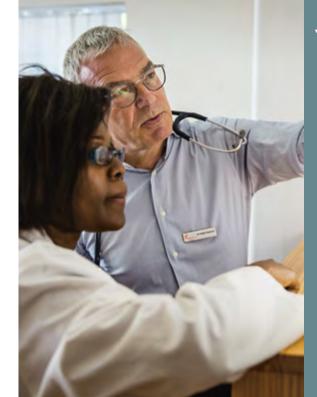
In 2022, our research team published 13 papers in prestigious international scientific publications. We were also able to participate with twelve poster presentations at five maior international conferences such as the International AIDS Conference in Montreal.

tinuously collect medical data for our research. Sexually transmitted diseases are often asymp-To evaluate this data, we work closely with the tomatic. We therefore pay special attention Institute for Social and Preventive Medicine to the correct diagnosis and treatment. Thanks at the University of Bern. For example, our to a new laboratory device, we've been able research team is involved in a long-term study to greatly expand our testing capacity: last entitled "International Epidemiologic Data-year more than 8,500 samples from mostly bases to Evaluate AIDS". Part of this project symptom-free patients could be tested for consists of research into non-communicable sexually transmitted infections. We also testdiseases such as diabetes and high blood ed laboratory samples from outside institupressure, which are increasingly common in tions. A second area of focus is resistance people with HIV. Another large-scale study tests, which help in the selection of the corfocuses on questions around the prevention rect therapy. This is because in the event of and treatment of precancerous lesions of the resistance to certain HIV drugs, the medicacervix. This study is co-funded by Swiss Cantion must be adjusted, otherwise the result can be life-threatening therapy failure.



**Research Publications** 

You can view scientific publications



"Our data helps us to make an important contribution to understanding the changing challenges of HIV care in southern Africa. Hypertension and diabetes in ageing populations and cancer in often very young women."

Dr Stefan Zimmerli, Newlands Clinic **Medical Coordinator** 

Organe Board of Trustees: Ulrich B. Mayer, Attorney, Zurich (chair until 24 August 2022, member until 31 December 2022) | Prof. em. Dr. med. vet. Hans Lutz, Rüdlingen (chair from 24 August 2022) | Martin Fuhrer, former Head of International Cooperation at the Swiss Red Cross, Bern | Prof. em. med. Dr. h.c., Ruedi Lüthy, Harare/Zimbabwe, Muntelier I Gregor Neidhart, certified expert in accounting and controlling, Winterthur | Dr. iur. Manuel Sager, former director-general of the Swiss Agency for Development and Cooperation (SDC), Gümligen | Beat Wagner, former Head of Communications at the Swiss Red Cross, Zurich (until 31 December 2022) Executive Management: Sabine Lüthy, Chief Executive | Harald Henggi, Deputy Chief Executive Newlands Clinic Directorate: Dr Cleophas Chimbetete, Director Training and Research | Dr Margaret Pascoe, Medical Director Clinical Affairs | Matthias Widmaier, Country Director Medical Coordinator: PD Dr. med. Stefan Zimmerli Scientific Advisory Council: Prof. Dr. med. Hansjakob Furrer, Physician in Chief and Director, Department of Infectious Diseases, Bern University Hospital | Prof. Dr. med. Huldrych Günthard, Deputy Director, Department of Infectious Diseases and Hospital Epidemiology, University Hospital Zurich | Prof. em. Dr. med. Dr. h.c. Bernard Hirschel, Chairman of the Cantonal Ethics Committee, Geneva | Prof. em. Dr. med. Christoph Rudin, Head of Nephrology and Paediatrics, University Children's Hospital, Basel | Prof. em. Dr. med. Jörg Schüpbach, former Director of the Swiss National Centre for Retroviruses, University of Zurich Patronage Committee: Kurt Aeschbacher, publisher, speaker, former SRF television presenter and journalist, Zurich | Ruth Dreifuss, former Federal Councillor, Geneva | Prof. em. Dr. med. Felix Gutzwiller, former Director of the Institute of Social and Preventive Medicine, University of Zurich | Patrick Rohr, communications consultant, photographer and journalist, Zurich/Amsterdam | Marcel Stutz, former Swiss Ambassador | Prof. em. Dr. med. Martin Täuber, former Rector of the University of Bern | Prof. Dr. rer. nat. Alexandra Trkola, Head of the Institute of Medical Virology, University of Zurich

#### **Our Partners**

### Our heartfelt thanks!

Our project partners and generous contributions from our many donors are what makes our treatment of HIV/AIDS in Zimbabwe possible in the first place.
Our heartfelt thanks!

Special thanks go to the following institutions:

- Apotheke zum Rebstock AG
- Bernhart-Matter-Stiftung
- Clary Foundation
- Direktion für Entwicklung und Zusammenarbeit (DEZA)
- Dr. Rau Stiftung
- Edwin und Rita Kilcher
- Fondation Hubert Looser
- Gesundheitsministerium von Simbabwe
- ISPM Universität Bern
- Jansen PrimeSteps Foundation
- · Leopold Bachmann-Stiftung
- Lotte und Adolf Hotz-Sprenger Stiftung
- Natpharm
- Rita und Guido Heule Stiftung
- Rosmarie Mettler-Stiftung
- Schmid Unternehmerstiftung
- Stiftung Bernhard Kunder
- Stiftung des Rotary Club Bern Bubenberg
- Tschikali Stiftung
- Universitätsspital Bern
- Vrenjo-Stiftung



The research of our lab manager Tinei Shamu was featured in the closing plenary at the AIDS Conference 2022 in Montreal. This recognition at the biggest AIDS Conference worldwide makes us proud. Many thanks!

In November a delegation from SDC and the Swiss Embassy visited our Newlands Clinic. We were honoured to welcome Assistant Director General and Head of Sub-Saharan Africa Division, Nicolas Randin and the Swiss Ambassador Stéphane Rey. Many thanks! (Picture: Richard Nyamanhindi)

Luca Papini, Gossipa and Kosta organized a karaoke night on World AIDS Day for the benefit of Checkpoint Zurich and Ruedi Luethy Foundation. The unbroken solidarity for people with HIV/AIDS touched our hearts. Many thanks!



In September, photographer Patrick Rohr visited our clinic and captured the lives and work of our patients and staff members with his camera. He has been closely linked with our foundation for many years. Many thanks!

In December, MD MSc Eliane Rohner from the Institute of Social and Preventive Medicine at the University of Bern visited our Newlands Clinic. Together we are working on a study on HIV-positive women with precancerous lesions of cervical cancer. Many thanks!

In support of Newlands Clinic Pharmacy, we received a significant donation from Action Medeor. We were very grateful because this donation was availed at a time when Newlands Clinic Pharmacy was confronted with a shortage of painkillers. Many thanks!



# Efficient project work in tough environment

The foundation closed the year with an operating loss of around CHF 300,000. A good 90 per cent of total expenses flowed into aid projects. Thanks to a high degree of professionalism and efficiency, a record increase of 471 patients was managed well. The annual loss of CHF 2.4 million is primarily due to a poor year on the stock markets.

At CHF 7.7 million, total income was again pandemic, and total expenses were signifi-CHF 1.5 million the prior year). The Swiss Agency for Cooperation and Development (SDC) is providing the foundation with funding to- and a greater need for food assistance. talling CHF 6.98 million. We would like to thank our donors and partners for their loyalty and Slight increase in general expenses support in what was a challenging year.

#### Efficient use of resources

gratifying in 2022 (prior year CHF 7.9 million). cantly higher than the prior year, up 21% to Ordinary donations declined slightly to CHF CHF 8 million. CHF 7.2 million or 90.1% of this 2.1 million from CHF 2.4 million the previous flowed directly into projects. CHF 6.2 million year. Earmarked donations were slightly low- (+23 %) was spent on the Clinic, CHF 388,000 er than the previous year, down from CHF (+34%) on the Women's Health Centre and 875,000 to CHF 822,000, while donations in CHF 571,000 (+19 %) on the Training Centre kind increased to around CHF 1.9 million (from and research. The higher expenses of the clinic are due in particular to growth in patient numbers combined with an increase in medcontributed CHF 1.8 million in support for ical staff, greater consumption of medicines, Newlands Clinic. From 2020 to 2023 the SDC higher procurement costs owing to inflation

Administrative, fundraising and communications expenses increased to about CHF 790,000 (+5 %) and accounted for 9.9 % of Activities could be largely resumed after the total expenses. Administration expenses

Source of funds

9 % Legacies/gifts

24 % Donations in kind (primarily drugs)

23.5 % Public sector (SDC)

5 % Other income

Use of funds 90.1 %

7,1% Training Centre

Women's Health Centre

6 % Administration

3,9 % Fundraising and communications

amounted to around CHF 474,000 (+4%), with fundraising and communications expenses totalling around CHF 314,000 (+6%).

#### Poor year on the financial markets leads to annual loss

The financial result is overshadowed by one of the worst years on the stock market in a of the value of the security holdings). long time. Owing to the poor financial result, current assets declined to CHF 24.8 million (-9.3 %), of which CHF 13.8 million falls to securities. Inventories of drugs remained stable. Organisational capital totalled CHF 23.8 million and designated capital CHF 18 million, as before. The HIV treatment which patients need their whole life long can thus be assured over the longer term. In the profit and loss statement, total expenses exceeded total income by around CHF 300,000. The negative devel-

opment of the financial markets had an impact on the financial result, resulting in a loss before capital allocation of around CHF 2.4 million. After a withdrawal of designated capital of CHF 21,000, the annual loss amounts to just under CHF 2.4 million. The fluctuation reserves still come to CHF 1.9 million (13.8 %

#### Financial statements for Zimbabwe

The local Ruedi Lüthy Foundation organisation ensures the smooth running of Newlands Clinic, while the Ruedi Lüthy Foundation provides the necessary funding. The accounts of Ruedi Lüthy Foundation Zimbabwe, the Training Centre and the Women's Health Centre were audited by Grant Thornton in Harare, and have been consolidated in the present financial statements. >

#### Organisation and remuneration

The members of the Board of Trustees (see page 15) work in an honorary capacity and are elected for a term of four years; repeated re-election is permitted. They are responsible for the strategic management of the foundation and for managing the assets. The salaries and fees of the CEO and Deputy CEO totalled around CHF 93,000 including employer contributions. Of this, CHF 32,000 fell to project expenses and CHF 61,000 to general expenses. The decline in expense is due to the temporary absence of the chief executive owing to illness.

#### Outlook

This year, 2023, is election year in Zimbabwe. The economic situation remains unstable and again it is difficult to assess how costs will develop. Once again the Newlands Clinic team will do everything in its power to keep operations going and address the new medical, economic and logistical challenges that arise. We hope that we will also be able to count on the support of our loyal donor community in the future.



"In Switzerland, HIV infection is now a chronic disease that can be treated effectively and is no longer in the headlines. So we're all the more grateful that we can count on such great support for people with HIV/AIDS in southern Africa."

Harald Henggi, Head of Finance and Deputy Chief Executive

#### LIENHARD Audit AG

#### Report of the Statutory Auditor on the Limited Statutory

to the Board of Trustees of

Ruedi Lüthy Foundation, Bern

As statutory auditors, we have examined the financial statements of Ruedi Lüthy Foundation, which comprise the balance sheet, income statement, cash flow statement, statement of changes in equity and notes for the year ended 31 December 2022. As permitted by Swiss GAAP FER 21 the information in the performance report is not required to be subject to the statutory auditors' examination.

These financial statements in accordance with Swiss GAAP FER and Swiss law, the foundation's deed and regulations are the responsibility of the board of trustees. Our responsibility is to perform a limited statutory examination on these financial statements. We confirm that we meet the licensing and independence requirements as stipulated by Swiss law.

We conducted our examination in accordance with the Swiss Standard on the Limited Statutory Examination. This standard requires that we plan and perform a limited statutory examination to identify material misstatements in the financial statements. A limited statutory examination consists primarily of inquiries of personnel and analytical procedures as well as detailed tests of foundation documents as considered appropriate in the circumstances. However, the testing of operational processes and the internal control system, as well as inquiries and further testing procedures to detect fraud or other legal violations, are not within the scope of this examination.

Based on our limited statutory examination, nothing has come to our attention that causes us to believe that the financial statements do not give a true and fair view of the financial position, the results of operations and the cash flows in accordance with Swiss GAAP FER. Furthermore, nothing has come to our attention that causes us to believe that the financial statements do not comply with Swiss law, the foundation's deed and regulations.

Zurich, 15 March 2023

Yours sincerely

LIENHARD Audit AG

Claudio Piubel Licensed Audit Expert Auditor in Charge Stephan Lienhard Licensed Audit Expert

#### Enclosure:

 Financial statements 2022 (balance sheet, income statement, cash flow statement, statement of changes in equity and notes)

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Allocation to designated capital

Annual profit or loss after capital allocation

### Income statement

	2022	2021
	CHF	CHF
Income		
Donations	5,460,047	5,717,063
- Ordinary donations	2,102,470	2,421,537
- Donations from legacies/gifts	683,551	897,186
- Earmarked donations	822,466	874,655
- Donations in kind	1,851,560	1,523,685
SDC contributions	1,800,000	1,832,069
Income from the Training Centre	9,310	21,947
Other income	402,786	292,706
Total Income	7,672,143	7,863,785
Expenses		
Project expenses Harare		
Newlands Clinic	6,229,270	5,055,172
- Personnel expense	2,055,759	1,795,433
- Medication and medical costs	3,637,665	2,911,023
- Infrastructure and vehicles	357,238	218,296
- Various project costs	178,608	130,420
Training Centre	571,220	481,569
Women's Health Centre	387,823	289,033
Total project expenses Harare	7,188,313	5,825,774
General expenses		
Administration	473,608	457,449
Fundraising and communications	313,581	294,681
Total general expenses	787,189	752,130
Total Expenses	7,975,502	6,577,904
Operating income	- 303,359	1,285,881
Financial income	- 2,109,890	609,178
Net non-operating income	23,296	10,358
Annual profit or loss before capital allocation	- 2,389,953	1,905,417
Withdrawal from designated capital	21,169	13,955

2022

2021

-100,000

1,819,372

-2,368,784

### **Balance sheet**

	2022	2021
	CHF	CHF
Assets		
Cash, post office account, bank deposits	8,411,973	8,779,145
Total cash and cash equivalents	8,411,973	8,779,145
Securities	13,767,054	15,945,811
Receivables from goods & services and	155,266	152,670
accrued income & prepaid expenses		
Inventories	859,947	828,306
Total current assets	23,194,240	25,705,932
Real estate in Switzerland	1,630,000	1,630,000
Total Assets	24,824,240	27,335,932
Liabilities		
Short-term liabilities		
Payables from goods & services and accrued	648,235	778,618
expenses and deferred income		
Total current liabilities	648,235	778,618
Deferred long-term liability	333,333	333,333
Total liabilities	981,568	1,111,951
Organisational capital		
Paid-in capital of the foundation	100,000	100,000
Designated capital	17,912,294	17,933,463
- Training Centre	2,000,000	2,000,000
- New projects	2,000,000	2,000,000
- Newlands Clinic	11,572,000	11,572,000
- Staff quarters	340,294	361,463
- Women,s Health Centre	2,000,000	2,000,000
Reserve for fluctuations in asset value	1,900,000	1,900,000
Unrestricted capital	6,299,162	4,471,146
Net profit or loss for the period	- 2,368,784	1,819,372
Total organisational capital	23,842,672	26,223,981
Total liabilities	24,824,240	27,335,932

Lienhard Audit AG in Zurich serves as the foundation's auditors. The supervisory authority is the Federal Supervisory Board for Foundations (FSBF). The financial statements were prepared in accordance with the accounting and reporting recommendations for non-profit organisations (Swiss GAAP FER 21) and comply with the ZEWO requirements.



The complete financial statements, comprising the balance sheet, income statement, cash flow statement, statement of net increase/decrease in organisational capital and notes can be viewed at www.ruedi-luethy-foundation.ch/en/publications

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